

	Abbotsford Police Department Policy	
	Administration	Personnel Management
	I.B.050	Employee Health and Wellness

POLICY

- (1) The Abbotsford Police Department (AbbyPD) is committed to the health and wellness of its employees and supports employee efforts to maintain physical, mental and emotional health.
- (2) AbbyPD maintains or facilitates access to employee health and wellness programs, which may include, but are not limited to:
 - (a) health insurance benefits;
 - (b) employer-sponsored psychological counselling;
 - (c) a third-party Employee Family Assistance Plan (health and wellness service provider);
 - (d) a Critical Incident Stress Management Program;
 - (e) a Peer Support Program; and
 - (f) a Reintegration Program (assisting employees return to their work duties in a safe and supported manner after a leave of absence).

AbbyPD regularly assesses its health and wellness initiatives. As employee needs change and available programs evolve, initiatives may be added, revised or rescinded to best support AbbyPD's commitment to progressively promoting employee health and wellness.

- (3) AbbyPD encourages employees to consult with professional medical practitioners as necessary to treat or prevent illness and injury.